South Central District 4-H Activity Day

The South Central District 4-H Activity Day was held on June 25 in Montgomery County. Five Scotland County youth participated in 4-H presentations and 4-H Entertains. Gold medals were awarded to Irene Davidson (Soil, Water & the Environment), Grayson Ammons (Wheels & Engines), and Langston Byrd (Citizenship & Civic Responsibility). DeAngelo Byrd (Health & Fitness) received a silver medal and Hannah Ammons (Expressive Arts & Communications) received a bronze medal. Langston Byrd also performed a trumpet solo in the 4-H Entertains talent show. Congratulations to everyone on their great efforts and accomplishments!

Summer 4-H Camp

Twelve Scotland County youth attended summer 4-H Camp at Betsy-Jeff Penn 4-H Educational Center, July 12-17. Campers attending were: Roger Locklear, Ben Waters, Dante Figueroa, Athena Ward, Mack Waters, Melinda Campbell-Tyler, Timothy Dennis, Whitney Poe, Kayleigh Mielenz, Netta Walcott, Chris Hoover and Julian Monroe. Campers participated in activities such as swimming, horseback riding, canoeing, archery, crafts, low ropes, wall climbing and making homemade ice cream. Netta Walcott and Christopher Hoover were part of the Trekker group. This group spent extra time on climbing and canoeing skills before leaving camp for a 3-day mountain climbing and white water canoeing adventure! For more information on 4-H Camp call the Extension office at 277-2422 or visit http://www.nc4h.org/centers/index.html.
**District Project Book Awards**

Congratulations to our 4-H’ers who won District Project Book awards! Langston Byrd received a gold district award for his record in Science, Technology & Computers. Caleb Wood received a silver district award for his Communication Arts record and Irene Davidson received a bronze district award for her Communication Arts record. Check out the dates below to see when 2009 project records are due.

**2009 State 4-H Electric Congress**

Langston and DeAngelo Byrd attended the annual 4-H Electric Congress July 13 - 15 at the University of North Carolina at Charlotte. Two hundred and twenty 4-H’ers, adult leaders and Cooperative Extension agents from 59 counties attended the three-day event. Since 1947, Progress Energy, Duke Energy and Dominion North Carolina Power have sponsored the annual congress to emphasize energy conservation and safe use of electricity.

**2009 State 4-H Congress**

The theme for this year’s State 4-H Congress was “We Are 4-H! Centennial Celebration”. Nine Scotland County youth participated in various activities during this action-packed week of learning, community service, and fun activities! Those participating in presentations were: Langston Byrd, Grayson Ammons, DeAngelo Byrd, and Irene Davidson. Langston Byrd was awarded a silver medal in his presentation on Citizenship & Civic Education. Others participating at Congress were: Hannah Ammons, Ryan Fairley, Reggie Fairley, DaShawn McEachin, and Montray McLaughlin. Other activities included a Centennial Homecoming Celebration with over 1400 youth and adults in attendance, community service project with Wake County Parks & Recreation, workshops on various leadership topics, and District & State 4-H officer elections.

**2009 4-H Summer Fun**

With lots of preparation, many volunteers, and 196 youth, Scotland County 4-H held an exciting Summer Fun program, packed with a variety of activities! Twenty summer fun activities were held over the summer, as well as 4-H Expanded Food & Nutrition Education Program camps. Topics included: electricity, sewing, gardening, cake decorating, crafts, and plant cells. There are a few items that have been left at the extension office after summer fun activities. Call the office if you are missing anything and think you may have left it. A HUGE 4-H thank you goes out to all the volunteers who gave hours of their time to make this program a success!
Make it with Wool

On September 12, four Scotland County 4-H’ers traveled to the state “Make it with Wool” sewing contest in Concord, NC, to enter garments they made this summer. Scotland County participants included: Abby Bruner, Shaunée McLaurin, Hannah Smith, and Hannah Ammons. All participants learned more about sewing with wool, the National “Make it with Wool” contest, and participated in garment judging and modeling. The afternoon ended with a fashion show to show off their work. Hannah Smith placed 3rd in the junior division. Congratulations, Hannah!

National 4-H Week, October 4-10
Details are being finalized for activities to celebrate National 4-H Week, October 4-10. Watch your mailbox for more information and help us to get the word out and support the 4-H program!

4-H Rides with NASCAR
For many years, 4-H has been looking to partner with NASCAR. Well, that dream has become a reality. On Sunday, October 4th, the 4-H clover and website address will be featured on the back TV panel of the No. 24 DuPont Chevrolet driven by Jeff Gordon at the Kansas Speedway. What a great way to kick-off National 4-H Week! In addition to this feature placement on Jeff Gordon's car, DuPont is providing 4-H with visibility at the Kansas Speedway, an opportunity to address an enormous crowd in the DuPont hospitality area, and press promotion in the racing media from Jeff Gordon's PR team. We thank DuPont for their generous support of 4-H and 4-H National Youth Science Day.

2009 State Fair
The 142nd North Carolina State Fair’s theme is “A Whole Lotta Happy” and will be held in Raleigh, NC, October 15-25, 2009. This year, the State Fair will be recognizing October 19th as 4-H Day! Signs and other 4-H promotion will be included all over the fairgrounds during this year’s fair. If you can make it out on the 19th or any other day, plan to go, ride some rides, see some exhibits, have some fun and support 4-H! Discount tickets are on sale now and can be found at www.ncstatefair.org.

4-H Volunteer Fall Day
The Volunteer Fall day will be held at the Moore County Extension office on Saturday, November 7 at 9 am. This is a great opportunity for 4-H volunteers in the South Central District to come together for learning, socializing, and meetings. There will be workshops, lunch, and the traditional business meeting including officer elections. This is a great time to meet other members of the district and network with other counties. Registration is $7.00 and is due by October 15.
State 4-H Council Conference

It’s time for the 2009 State 4-H Council Conference! The conference is scheduled for November 21 & 22 and will be held in Raleigh. Youth between the ages of 13 and 18 are eligible to attend. The registration cost is $85.00 and is due by Thursday, **October 22.** Call the Extension office for more information.

T-Shirt Design Contest!

To celebrate the 4-H centennial and to promote the 4-H program, we are having a t-shirt design contest! You get to be the designers. Create a Scotland County 4-H t-shirt design (or more than one, as many as you can think of), complete with t-shirt color, and turn it in to the Extension office by **December 17.** The winning design will be unveiled and t-shirts will be available for purchase at 4-H Achievement Night on January 14! Put your thinking cap on and start designing!

Project Books & Cumulative Records

The deadline to submit this year’s project books and cumulative records is **December 17.** This deadline will be here before you know it so keep working! A project book workshop will be held sometime this fall so watch for the date and time, coming soon!

“I Dare You” Award

The “I Dare You” Leadership Award was first offered in 1941 by William H. Danforth. Mr. Danforth was a successful businessman who dared young people to achieve their highest potential and to influence others through lives of leadership and service. Four-H members, who demonstrate personal integrity, lead well-rounded lives and possess a willingness to assume responsibility should be considered for this award. Those nominated for this award should be “emerging” leaders – those youth who have the qualities and the abilities to lead, but who may not yet recognize or act on their leadership potential. This award is designed to be given to a member 15-18 years of age and can only be received once during their 4-H career. Please see the Extension office for a nomination form. Nominations are due by **December 17.** This award will be presented at the Achievement Program.

Junior/Senior 4-H’er of the Year

Applications for Junior or Senior 4-H’er of the Year can be picked up at the Extension office. Winners will be announced at the 4-H Achievement Program. Applications are due by **December 17.**

4-H Achievement Night/Centennial Birthday Celebration

4-H Achievement Night and 4-H Centennial Birthday Celebration will be held at the Extension Office on **January 14, 2010 at 6:00 pm.** This program recognizes Scotland County 4-H individuals for their participation and accomplishments throughout the year. Because 2009 is 4-H’s Centennial year, we will also be having a Birthday Celebration this year! Plans are to watch the NC 4-H Performing Arts Troupe centennial performance, eat some cake and hear some exciting things about 4-H past, present, and future! This will be an exciting event so whether you’ve been in 4-H for years or are just starting now, mark your calendar, plan to be there and bring some friends! Please call the Extension office at 277-2422 to RSVP by **December 17.** Dinner will be provided.
District Winter Enrichment
District 4-H Winter Enrichment will be held in January 2010 at Sandhills Community College in Moore County. This is a one-day event for teen 4-H’ers. Check out the next newsletter for date and registration deadline.

Scholarship/Honor Club Applications
4-H Scholarship and Honor Club applications will be due January 1. Call the Extension office if you are interested in scholarships offered or for a 4-H Honor Club application.

Another Scholarship Opportunity!
The General Hugh Shelton Leadership Center is pleased to offer for a major four-year college scholarship. Their winners over the past years have received, in addition to tuition and lodging, support and summer leadership enrichment allowance to study and travel to places like England, Mexico, Italy, Africa and numerous South American countries. The 2008 winner was from North Carolina and the 2009 winner from Russia. Next year’s winner could be from Scotland County! The following website will provide a description of the scholarship, the criteria and the application, which is due by November 1.

http://www.ncsu.edu/extension/sheltonleadership/leadership-scholarships/national-scholarships.php

Interested in 4-H Clubs?
Kids and Teens: Would you like to spend more time with your friends, doing really cool stuff together? Do you like to experiment with science, explore the environment, raise animals, design and decorate, help others, cook, lead others, compete? Are you interested in having lots of fun and winning awards?

Parents: Would you like for your family to have more quality time together? Do you want your children involved in wholesome activities where they can build upon their interests and talents? Have you thought about what they should be doing now to prepare for their future in a career, in a family or in college? Do you want every possible opportunity for your child?

Join a 4-H club! We have several new 4-H clubs possibly starting soon. Being in a 4-H club is a great way to build friendships, learn more about what you’re interested in, and give back to the community. Most clubs meet once a month. If we don’t have what you’re looking for, you can start your own club! All you need is a volunteer leader and at least 5 members. Adults, are you interested in starting a club? We already have a number of youth interested in being in clubs and will help you get one started. Call the Extension office for more information on joining or starting a 4-H club.
Sincerely,

Corrie Haskins
Extension Agent
4-H Youth Development
4-H T-Shirt Design Contest

Return to Scotland County Cooperative Extension office by December 17, 2009

Name_______________________________________________________________
Address ____________________________________________________________
Age______ Phone number ___________________ T-shirt color __________________
Details (design color, etc)___________________________________________________

____________________________________________________________________
4-H T-Shirt Design Contest

1. Entries may be submitted by Scotland County youth and 4-H members between the ages of 5 and 18.

2. Entries may be completed on entry form or a separate sheet of paper. Entry form must have name/contact information completed.

3. Complete as many entries as you want.

4. This will be a Scotland County 4-H t-shirt so this needs to be included in the design.

5. Be sure to specify desired t-shirt color. This choice is not guaranteed but will be taken into consideration with the design.

6. Return t-shirt design and completed information to Scotland County Cooperative Extension office by December 17, 2009.

7. Winning design will be announced at 4-H Achievement Night/ 4-H Centennial Birthday Celebration on January 14, 2010.

8. Be creative and have fun!